

Half Asleep in the Buddha Hall, 2009, 206 pages, Wayne C. Allen, 0968444660, 9780968444665, The Phoenix Centre, 2009

Half Asleep in the Buddha Hall is a light-hearted guide to living life fully and deeply. Using Zen stories old and new, illustrations and exercises, Wayne C. Allen takes you on a walk through the workings of your mind, heart, and soul. For those who love Eastern thought, and equally for those who are fearless explorers of their internal space, Half Asleep in the Buddha Hall is an eye-opening jaunt through the ages-while always bringing you into direct contact with yourself-in this moment.

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Loving the Everyday Meditations for Moms, Elizabeth B. Barkley, 1994, Religion, 206 pages. Offers over one hundred candid reflections on one mother's experience. These meditations are meant to be read in snatches. (what mother has time for more?) Each meditation is.

An Introduction to Christian Spirituality , F. Antonisamy, 2000, Christianity, 399 pages. .

Augsburg sermons: sermons on the Old Testament lessons from the, Volume 1 sermons on the Old Testament lessons from the new lectionary and calendar, , 1980, Religion, 256 pages. .

The Book of Equanimity Illuminating Classic Zen Koans, Gerry Shishin Wick, Mar 15, 2005, Philosophy, 320 pages. The Book of Equanimity contains the first-ever complete English language commentary on one of the most beloved classic collections of Zen teaching stories (koans), making them.

After the Ecstasy, the Laundry How the Heart Grows Wise on the Spiritual Path, Jack Kornfield, 2000, Enlightenment (Buddhism)., 314 pages. Most accounts of spiritual enlightenment end at the moment of illumination. But what happens after that? What is life like after the ecstasy? How do we live our understanding.

Riding the Wave Inside Out , Anita Allison, Sep 11, 2006, Fiction, . .

Golden Wind Zen Talks, EiDÉ Shimano, 1979, Buddhist sermons, English, 199 pages. A book of teisho--an inspirational Zen talk or lecture--given by a master to pass on the teachings of Buddha. Known for his vivid, emotional "sermons", Roshi gives sound.

Asleep in the Sun , Hans Silvester, Oct 1, 1997, Photography, 144 pages. Nothing spells decadence and tranquility like the silken luxury of a cat napping in the sun. Asleep in the Sun -- the third and most ravishing volume in Hans Silvester's best.

Half Asleep , Elizabeth Tatum Barnes, 2008, , 77 pages. When their faux-intimate relationship sours, as it inevitably will, the cast of Pauline's rosy imaginary love affair is stripped away, and the rest of her life spirals out of.

Lobsterland , Susan Carlton, Sep 4, 2007, Juvenile Fiction, 214 pages. Sixteen-year-old Charlotte wants nothing more than to escape the tiny island off the Maine coast where she has spent her life, and so she works on applications to boarding.

Catholic Means Universal Integrating Spirituality and Religion, David Richo, 2000, Religion, 190 pages. Written for those seeking a new faith, this book offers three core concepts Richo writes always have been present in Catholic tradition and need to be explored further: The.

Hellspawn The Ashley Wood Collection, Brian Michael Bendis, Steve Niles, Sep 18, 2008, Comics & Graphic Novels, 224 pages. The collection features Hellspawn issues #1-10, a cover gallery, a new never-before-seen cover from Ashley himself, as well as tons of behind the scenes extras! Plus: greatLife-span developmental psychology: methodological issues, Volume 1971 methodological issues, John R. Nesselroade, Hayne Waring Reese, 1973, Psychology, 364 pages download Half Asleep in the Buddha Hall Wayne C. Allen Advanced Animation and Rendering Techniques Theory and Practice, Alan H. Watt, 1992, Computers, 455 pages. An exposition of state-of-the-art techniques in rendering and animation. This book provides a unique synthesis of techniques and theory. Each technique is illustrated with a There'll be a whole lot of shaking going on after you read all about the delights and benefits of Smoothies! This Little Black Book of Smoothies features 98 scrumptious.

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Department for Work and Pensions Supporting Carers to Care, Great Britain. National Audit Office, Jan 1, 2009, Caregivers, 48 pages. The majority of carers who receive benefits from the Department for Work and Pensions (DWP) are satisfied with the support they receive, worth up to B12 billion a year. The Southeastern Reporter, Volume 97 , , 1919, Law reports, digests, etc Half Asleep in the Buddha Hall Wayne C. Allen 206 pages

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The Medieval Frontiers of Latin Christendom Expansion, Contraction, Continuity, James Muldoon, Felipe Fernández-Armesto, Jan 1, 2008, History, 386 pages. This first volume in the series The Expansion of Latin Europe sketches the outlines of medieval expansion, illustrating some of the major topics that historians have examined Effective Notetaking Strategies to Help You Study Effectively, Fiona McPherson, 2011, Note-taking, 218 pages Until Forever , Sally Garrett, 1983, , 377 pages

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Paleobotany and the Evolution of Plants , Wilson Nichols Stewart, Feb 26, 1993, Medical, 521 pages. This 1993 textbook describes and explains the origin and evolution of plants as revealed by the fossil record
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The Ellipse A Historical and Mathematical Journey, Arthur Mazer, Jul 15, 2011, Mathematics, 320 pages. Explores the development of the ellipse and presents mathematical concepts within a rich, historical context The Ellipse features a unique, narrative approach when presenting The Green Mile The Screenplay, Frank Darabont, 1999, Performing Arts, 172 pages. Tells the story of John Coffey, a death row inmate who exhibits supernatural powers that make the guards and prisoners around him reexamine their lives

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